

# Report on the Visit to the Ajinomoto National Training Centre, Tokyo 2<sup>nd</sup> November, 2009



On the 2<sup>nd</sup> of November 2009, South Wolds students were lucky enough to be able to visit the Ajinomoto National Training Centre in Tokyo. Here is the location of the brand new complex, where athletes from Japan and all over the world train in their chosen sports.

The students were amazed to see such modern facilities and we all had to strain our necks to see the Brazilian volleyball team when they emerged from the lift. They were very tall. Although the Tokyo facilities are wonderful I am sure that the Japanese athletes will also be very happy training at Loughborough University!